



Family and Domestic Violence Supports

Free and low cost
services and resources

COCKBURN

FREMANTLE

MELVILLE

Imagined
Futures



Crisis Support

Emergency

If you or another person is in immediate risk of harm or in an emergency, [dial 000](#).

1800 RESPECT

Free service available 24/7 providing confidential information, counselling and support.

[📞 1800 737 732](tel:1800737732)

[◀ Click to Call](#)

Lifeline

Free 24/7 crisis support for all ages.

[📞 13 11 14](tel:131114)

Crisis Care

24/7 response to concerns for child's safety and wellbeing, information and referrals for people experiencing crisis.

[📞 1800 199 008](tel:1800199008)

or

[📞 9223 1111](tel:92231111)

Sexual Assault Resource Centre

24/7 crisis and counselling service people of all genders over 13 years who have experienced recent sexual assault.

[📞 1800 199 888](tel:1800199888)

or

[📞 6458 1828](tel:64581828)

13 Yarn

24/7 crisis support for mob who are feeling overwhelmed or having difficulty coping, speak with an Aboriginal and Torres Strait Islander crisis supporter.

[📞 13 92 76](tel:139276)

Women's Domestic Violence Helpline

Free 24/7 service provides support for women, with or without children, who are experiencing family and domestic violence

[📞 1800 007 339](tel:1800007339)

Men's Domestic Violence Helpline

Free 24/7 service provides information and referral to ongoing face-to-face services for men who are concerned about their violent and abusive behaviours.

[📞 1800 000 599](tel:1800000599)

Community Navigators



If you are not sure where to start, community navigators will connect you to the right services

Fremantle Rockingham Family Support Network

This service assesses family needs and either coordinates a range of services to work with the family or links the family with a partner agency who will coordinate the services they need and/or provide case management.

📞 [1300 951 190](tel:1300951190)

Fremantle Women's Health Centre

Counselling and Community Connector services for women.

📞 [9431 0500](tel:94310500)

Library Connect City of Fremantle

A walk in service at **Fremantle Library** for advice, referrals and support. Available:

- Tuesday **1pm - 6pm**
- Wednesday **9am - 5pm**
- Thursday **1pm - 6pm**
- Saturday **9am - 2pm**

Address 151 High St, Fremantle

Support for Families

The Lucy Saw Centre

Emergency accommodation and outreach support for women and children affected by family and domestic violence.

 [08 9527 6872](tel:0895276872)

Zonta House

Accommodation and Outreach service for women affected by family and domestic violence either residing with a perpetrator or separately.

 [1800 870 149](tel:1800870149)

Communicare - Settle In Program

Family and Domestic Violence Advocate supports humanitarian entrants and migrants.

 [08 9251 5777](tel:0892515777)

Uniting WA - Aboriginal Women's Support

Support for Aboriginal Women experiencing or at risk of family domestic violence residing in Fremantle, Melville, Cockburn.

 [1300 663 298](tel:1300663298)

Men's Referral Service

This service provided by No to Violence offers assistance, information and counselling to help men who use family violence.

 [1300 766 491](tel:1300766491)

 [Visit Online](#)

Mensline Australia

Supports men and boys who are dealing with family and relationship difficulties. 24/7 telephone and online support an information service for Australian men. Free Counselling program for men - Changing for Good.

 [1300 789 978](tel:1300789978)

 [Visit Online](#)

Legal Support



Fremantle Community Legal Service

Family violence lawyer can provide legal and non-legal support to clients currently or recently experiencing family and domestic violence.

☎ [08 9432 9790](tel:0894329790)

Women's Legal Service WA

Provide a range of legal services to assist women in crisis or facing disadvantage.

☎ [08 9272 8800](tel:0892728800)

Legal Aid

Offers low cost legal services to the community.

☎ [1300 650 579](tel:1300650579)

Legal Yarn

Telephone information services for Aboriginal and Torres Strait Islander people. Staffed by mob to support legal worries.

☎ [1800 319 803](tel:1800319803)

Information and Resources



YourToolkit.com

Provides a free step-by-step guide on personal safety support services for people facing family and domestic violence

[!\[\]\(d3fb9f94af8b26d1c844efa9a98805b0_img.jpg\) Visit Online](#)

Communicare / White Ribbon Australia

Prevention of violence against women for workplaces. Free training.

[!\[\]\(10f8862fc183b400327470ea85afe9ae_img.jpg\) Visit Online](#)

Ruah Community Services

A list of resources, which includes helplines, toolkits and inspirational stories from others who have experienced family and domestic violence.

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For more information on resources visit:

[!\[\]\(ab4e2b3fc7e7887b7a72f548aa6f5e60_img.jpg\) imaginedfutures.org.au/resources](https://imaginedfutures.org.au/resources)